## Part Two

## Approach and Method

The value of the modes of studying work discussed in Part One is proven. I have used them extensively over the past thirty years. At the same time I found myself adapting them in this way and that to fit in-service training courses and project and consultancy work. Gradually I realized that I was working to an underlying sequence which constituted a basic analysis-design process. Making the nature of this primary process explicit is important. It has helped me to work to it and to produce with greater ease and confidence various task sequences for different purposes and situations. I describe the underlying sequence here, discuss what is involved in using it and illustrate ways in which I have adapted it. Then I return to a much neglected subject, the design of work programmes with the potential to promote human and spiritual development, and I round off this part with a chapter on basic equipment.